

Age Cards for Family Cyber Safety

Short cards for children, teens, adults, and older adults.

Audience	Mixed age households, schools, libraries, and workshops.
Purpose	Help each age group know what to watch for and who to ask.
Best use	Print the whole guide or use the card that fits the user.

Children

<input type="checkbox"/>	Ask a trusted adult before clicking links or downloading games.
<input type="checkbox"/>	Do not share real name, address, school, photos, or passwords online.
<input type="checkbox"/>	If a message feels scary or urgent, show an adult.

Teens

<input type="checkbox"/>	Use multifactor authentication on email, school, gaming, and social accounts.
<input type="checkbox"/>	Do not reuse passwords.
<input type="checkbox"/>	Do not send private photos to strangers.
<input type="checkbox"/>	Check privacy settings and location sharing.

Adults

<input type="checkbox"/>	Protect email first.
<input type="checkbox"/>	Use unique passwords and a password manager.
<input type="checkbox"/>	Treat delivery, banking, job, and tech support messages as suspicious until verified.

<input type="checkbox"/>	Back up important files.
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Older adults

<input type="checkbox"/>	Do not trust surprise calls about viruses, refunds, locked accounts, gift cards, or emergencies.
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<input type="checkbox"/>	Hang up and call back using a trusted number.
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<input type="checkbox"/>	Do not let a caller control your computer.
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<input type="checkbox"/>	Ask a trusted person before sending money or codes.
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Keep this guide near the device or account it protects. Small habits make a real difference when they are repeated.