



Adults Safety Card

A short printable card for quick family reminders.

Audience	One household member or one learning group.
Purpose	Give the user a simple safety reminder they can keep nearby.
Best use	Print, screenshot, or place near a shared device.

Safety reminders

<input type="checkbox"/>	Secure email with multifactor authentication.
<input type="checkbox"/>	Use a password manager.
<input type="checkbox"/>	Verify bank, delivery, job, and support messages.
<input type="checkbox"/>	Update devices and router.
<input type="checkbox"/>	Back up important files and test recovery.

Family script

You will not be in trouble for asking for help. Show the message before you click.

Keep this guide near the device or account it protects. Small habits make a real difference when they are repeated.